



## Dynamic Stillness School presents Stillness Touch Biodynamic Cranial Touch Initiatory & Mentor Course

### **BCT Initiatory Course Aug 31 - Sep 2 at Be Moved**

Biodynamic Cranial Touch (BCT) “Stillness Touch” uses simple hands-on contact to restore the body’s natural state of wisdom and harmony. Open to craniosacral practitioners and bodyworkers of all kinds. We also welcome psychotherapists with a somatic interest and meditation, movement and yoga instructors who wish to integrate conscious touch into their practice. Most important is your maturity and sincerity combined with an openness to let go of what you already know, to let yourself be informed by, and touch from stillness. This course serves as required prerequisite for BCT Mentor Course.

BCT Stillness Practices focus on practitioner development, trusting the wisdom of the forces that create, maintain, heal, and evolve us, as bodies of consciousness and Love. Required reading: Stillness ~ Biodynamic Cranial Practice and the Evolution of Consciousness by Charles Ridley

#### **In this workshop, you will learn:**

- BCT history, and current evolution of the practice
- Inner-body stillness practices and meditations
- Recognize subtleties of inner flow as states of consciousness unfolding
- Heart-centered whole-body felt sense awareness uniting all senses into one that guides your sessions
- How to practice BCT for the evolution of consciousness – for yourself and for your clients and how this differs from treatment models designed for relief of symptoms
- Discover where experiences fit on the classical biodynamic tidal map based on the sensual qualities characterized by direct body-felt language
- The mapless journey of BCT inside Pure Breath of Love (chapter 9 Stillness, and beyond)

**Giorgia Milne** brings a rare quality of presence that is heartfelt, spirit- filled, and deeply intelligent. Her openness, sensitivity and integrity create an atmosphere of respect, trust, and safety. She embodies 30 years integration of medical, spiritual, Indigenous Wisdom Ways, meditation, inquiry, movement, sacred bodywork, and cranial practices. She has taught worldwide for 17 years.



### **BCT/Stillness Touch Mentor Course at Empowerhouse\***

The next step in immersing and deepening Stillness Touch Practice. The MC provides the opportunity and support to progressively cultivate and maintain a living, intimate, ever-deepening, and continuous body-felt-sense connection with the Breath of Life. Biodynamic Cranial Touch Mentoring offers a way to competently practice this evolution of consciousness approach. It is a 120 hour training structured as four 4-day in-person courses with group interim Zoom meetings as well as individualized mentoring.

Open to those who wish to develop personally, or who want to become a Biodynamic Cranial Touch Practitioner. We welcome professional practitioners of all types, including bodyworkers, graduates of other craniosacral or biodynamic programs, psychotherapists, medical practitioners, people who work with animals, midwives, and end of life care-givers... Because the training is so all encompassing, the list goes on.

A Mentor Course develops out of a field of interest to immerse oneself in the work, and often as a response to an uncanny yet inexorable “calling”. To join the MC everyone, without exception, must successfully complete the Initiatory Course, or equivalent Private Intensive, and have teacher approval. Many people have participated in a MC for personal and professional growth, realizing the benefit of the practices and approach in their current inner work, career, and everyday lives.

**MC registration and payment handled separately.**

**Contact [giorgia@touchofpresence.com](mailto:giorgia@touchofpresence.com)**

**\*#1 March 7-10, #2 June 6-9, #3 Oct 17-20, 2019 #4 Feb 13-16, 2020**

**Initiatory Course Cost \$600 · \$300 to repeat · \$200 Deposit**  
**Register/pay to Giorgia Milne · <http://www.touchofpresence.com/courses-schedule>**  
**Local contact: [charlotte.roberg@gmail.com](mailto:charlotte.roberg@gmail.com)**  
**VENUE: Be Moved, Suomisvej 2, 1927 Frederiksberg C**  
**To view Giorgia’s complete course offerings visit: [touchofpresence.com](http://touchofpresence.com)**